# **Accelerated Master of Athletic Training Description and Course Sequence**

The Master of Athletic Training is an accredited program of the University of Arkansas that focuses on creating patient-centered and evidence-informed health care providers who serve as advocates for their patients both on and off the field to improve health-related quality of life.

We are a year-round, 24-month program, and our rigorous coursework prepares students to be leaders in the field and our clinical education experiences in varied settings provide real-world training with excellent preceptor mentors.

### Steps To Express Interest in the Accelerated M.AT. Program

Exercise Science (EXSCBS) students interested in the accel.M.AT. program should complete the following steps:

- 1. Identify with a pre-AT designation in your degree plan after discussion with an academic advisor.
- 2. Alert the M.AT. Program director (Luzita Vela, vela@uark.edu) by the 2<sup>nd</sup> year of the EXSCBS degree of interest in the Accel.M.AT Program. Students interested in the accelerated degree plan will be required to attend an information session.
- 3. Express an intent to apply to the accelerated M.AT. no later than **fall of your 3**<sup>rd</sup> **year in the EXSCBS program** to both an academic advisor and the M.AT Program Director.
- 4. Apply by **January 8th of your 3<sup>rd</sup> year.** All program pre-req courses must be completed by the end of Spring of the 3<sup>rd</sup> year.

Pre-AT designation (Freshman- Sophomore)		Confirm intent to apply to the Accelearted M.AT. Program (Fall of 3rd Year)		Conditionally Admitted to Accelerated Program (Spring of 3rd Year)		Apply to the UArk Graduate School (Fall of 4th Year)		Apply for Graduate School and Admitted into M.AT. Program (Spring of 4th Year)		
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	Identify interest in Accelerated M.AT. Program (Freshman- Sophomore)		Apply for Accelerated M.AT. Program (Spring of 3rd Year)		Commence M.AT. Program Curriculum (Summer of 4th Year)		Complete EXSCBS Degree (December of 4th Year)		Complete M.AT. Program (Spring of 5th Year)	

### To apply, interested students must have:

- At least a **3.2 GPA** at time of application
- Either have successfully completed or be enrolled in the following pre-requisite courses that are part of the EXSCBS degree plan: BIOL 1543/1541L; BIOL 2213/2211L; BIO 2443/2441L; CHEM 1103/1101L OR CHEM 1203/1201L; EXSC 3153; NUTR 1213; PHYS 2013/2011L; PSYC 2003.
- Complete all the courses outlined in the first three years of the **Accelerated M.AT. Course Sequence** by the end of the Spring semester of the 3<sup>rd</sup> year (at least 96 credit hours towards the EXSCBS degree).

If enrolled in any of these courses at time of application, final admission in the accel.M.AT. program will be contingent on applicants successfully completing the courses by earning a "C" or better in each course.

# Applicants must complete an online application (link provided by advisor), which requires the following information:

- 1. Academic History: institutions attended, and transcripts uploaded (unofficial accepted).
  - a. A letter grade of B or higher is preferred for each pre-requisite course.
- 2. Letters of recommendation: at least 2 required, up to 4.
- 3. **Observation hours**: 150 hours preferred; a minimum of 75 hours required under the supervision of an athletic trainer by time of matriculation. It may be possible that all observation hours are not completed at the time of application. However, all observation hours must be completed prior to beginning Athletic Training (ATTR) graduate coursework.

- 4. **Personal statement and program questions**: for your personal statement, describe your professional goals including why you have chosen Athletic Training as a career. Two additional program essays (described in the program application packet) must be completed.
- 5. **Resume**

This information, along with the information obtained from an interview with the admissions committee, will be factors considered for admission. Students selected for admissions will be informed **by February 15**<sup>th</sup>.

## Accelerated M.AT. Program Progression

Accel.M.AT students will take ATTR graduate classes starting in the Summer of the 3rd year of enrollment after they have completed at least 96 credit hours towards the EXSCBS degree. Students who successfully complete the EXSCBS degree requirements after two semesters of enrollment in the accel.M.AT. Program (Summer of 3<sup>rd</sup> year and Fall of 4<sup>th</sup> year) will earn a Bachelor of Science in Exercise Science degree in December of the 4<sup>th</sup> year. Students must apply for the University of Arkansas Graduate School during the Fall of the 4<sup>th</sup> year.

Accel.M.AT. students will take up to 24 hours of ATTR coursework that can be counted towards their EXSCBS and M.AT. degrees. These 24 hours will count as 15 hours of EXSC related electives, 7 hours of EXSC core classes, and 2 hours of general electives. Accel. M.AT. will be allowed to take three additional ATTR hours (ATTR 5161 and 5172) as an undergraduate student, but they will not count toward the undergraduate degree.

Accel.M.AT. Students Take:	Counts Toward EXSCBS Requirements:
ATTR 5111, ATTR 5122, ATTR 5141, ATTR 5223, ATTR	15 hours of related electives
5373, ATTR 5153, and ATTR 5532	
ATTR 5314	EXSC Elective
ATTR 5133	EXSC 4903 Internship in Exercise Science
ATTR 5371L, ATTR 5151L	2 hours of general electives
ATTR 5161, ATTR 5172	Does not count toward EXSCBS Degree

To progress and qualify for admission into the M.AT. program, accel.M.AT. students should meet with an advisor to ensure appropriate sequencing of courses specified in year 1 and year 2. Once students begin ATTR graduate classes, students in the accelM.AT. must abide by the curriculum plan of the cohort program. Those not following the plan are subject to dismissal from the accel.M.AT and/or not be admitted into the M.AT. program.

### Progressing from the Accelerated M.AT. to M.AT. Program

Students will apply to the University of Arkansas Graduate School during the Fall of the 4<sup>th</sup> year. After which, students who have been accepted into the Graduate School and who have met the following requirements will be fully admitted into the M.AT. Program:

- 1. completed all EXSCBS requirements for graduation,
- 2. earned an average GPA of at least 3.0 in the 24 hours of ATTR graduate classes,
- 3. not earned more than two "C" grades or lower in ATTR classes,
- 4. met all requirements of the graduate coursework including the Retention and Progression Policies identified in graduate course syllabi, and
- 5. satisfactorily met all standards identified in the University of Arkansas M.AT. Program Professionalism and Professional Responsibility Criteria.

# Accelerated M AT Course Sequence

	YEAR 1	
Fall	Spring	Summer
ENGL 10103	CHEM 11003/11001L <sup>2</sup>	Junner
BIOL 15403/15401L <sup>2</sup>	ENGL 10203	
PSYC 20003 <sup>2</sup>	Social Science Core	
MATH 12103 or MATH 12804C	HIST/Govt Core	
UNIV 10001 (General Elective)	Fine Art Core	
14-15 hours	16 hours	
	YEAR 2	
<b>Fall</b> (Identify interest in the accelerated EXSCBS to M.AT. program)	Spring	Summer
BIOL 24403/24401L <sup>2</sup>	CHEM 11203/11201L	
BIOL 22103/22101L <sup>2</sup>	STAT 23003	
EXSC 27303 Introduction to Exercise Science	EXSC 31503 <sup>2</sup> Exercise Physiology	
COMM 13103	Humanities Core	
Social Science Core	PBHL/EXSC 26603 Terminology for the Health	
	Professions	
	General Elective (up to 2 hours)	
17 hours	18 hours	
17 110013	YEAR 3	
Fall (Confirm intent to apply to MAT		Superior (Dogin NA AT
<b>Fall</b> (Confirm intent to apply to M.AT. program)	Spring (apply to M.AT. program)	Summer (Begin M.AT Program Coursework)
EXSC 43203 Exercise Prescription	CHEM 36003/36001L or CHEM 26103/26101L	ATTR 53104 <sup>3</sup>
EXSC 35303 Laboratory Techniques	EXSC 47803 Sport and Exercise Psychology	ATTR 511014
PHYS 20103/20101L <sup>2</sup>	EXSC 48303 Exercise Applications for Special	ATTR 512024
EXSC 33503 Mechanics of Human Movement	Populations	ATTR 51401 <sup>4</sup>
Gen Elective (4-5 hours)	PSYC 30203	ATTR 52203⁴
	NUTR 12103 <sup>2</sup>	ATTR 51303 <sup>3</sup>
17-18 hours	16 hours	14 hours
	YEAR 4	
Fall (EXSC BS completed & graduation in	Spring	Summer
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December: Acceptance into Grad School and		Julillei
December; Acceptance into Grad School and M.AT. Program)		Julillei
M.AT. Program)	ATTR 536011	
M.AT. Program)  ATTR 53701L <sup>5</sup>	ATTR 53601L ATTR 53602	ATTR 55001
M.AT. Program)  ATTR 53701L <sup>5</sup> ATTR 53703 <sup>4</sup>	ATTR 53602	ATTR 55001 ATTR 54202
M.AT. Program)  ATTR 53701L <sup>5</sup> ATTR 53703 <sup>4</sup> ATTR 51503 <sup>4</sup>	ATTR 53602 ATTR 53402	ATTR 55001 ATTR 54202 ATTR 54301
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M.AT. Program)  ATTR 53701L <sup>5</sup> ATTR 53703 <sup>4</sup> ATTR 51503 <sup>4</sup> ATTR 51501L <sup>5</sup> ATTR 51601 <sup>6</sup> ATTR 55302 <sup>4</sup> ATTR 51702 <sup>6</sup> Fall  ATTR 54703	ATTR 53602 ATTR 53402 ATTR 53401L ATTR 52803 ATTR 52801L ATTR 51801 ATTR 53302  13 hours  YEAR 5  Spring (M.AT. Program Completed) ATTR 56101	ATTR 55001 ATTR 54202 ATTR 54301 ATTR 54402
M.AT. Program)  ATTR 53701L <sup>5</sup> ATTR 53703 <sup>4</sup> ATTR 51503 <sup>4</sup> ATTR 51501L <sup>5</sup> ATTR 51601 <sup>6</sup> ATTR 55302 <sup>4</sup> ATTR 51702 <sup>6</sup> 13 hours  Fall  ATTR 54703 ATTR 55402	ATTR 53602 ATTR 53401 ATTR 53401L ATTR 52803 ATTR 52801L ATTR 51801 ATTR 53302  13 hours  YEAR 5  Spring (M.AT. Program Completed) ATTR 56101 ATTR 56201	ATTR 55001 ATTR 54202 ATTR 54301 ATTR 54402

<sup>&</sup>lt;sup>2</sup> accel.M.AT. Program pre-requisite course <sup>3</sup> EXSC Core Equivalent Course

<sup>&</sup>lt;sup>4</sup> EXSCBS related elective course

<sup>&</sup>lt;sup>5</sup> general elective <sup>6</sup> only counts toward M.AT. degree (not EXSC BS degree)